



## Saints Cyril and Methodius Orthodox Christian Church

*A Parish of the Diocese of New England of the Orthodox Church in America*

Fr. John Hopko, Pastor • Protodeacon Paul Nimchek

860.582.3631 • email: [terryvilleorthodoxchurch@gmail.com](mailto:terryvilleorthodoxchurch@gmail.com)

[www.terryvilleorthodoxchurch.org](http://www.terryvilleorthodoxchurch.org) • [www.facebook.com/TerryvilleOrthodoxChurch](https://www.facebook.com/TerryvilleOrthodoxChurch)

# Sunday, May 4, 2025

## Sunday of the Holy Myrrhbearers

**3rd SUNDAY OF PASCHA — Tone 2. Myrrhbearing Women.** Virgin Martyr Pelagía of Tarsus in Asia Minor (ca. 290). The Albanov (Sokol'nitsky) brethren: Ss. Nikéetas, Kirill, Nikifor, Clement, and Isaac, of Novgorod (14th-15th c.). Holy Confessor Erasmus, Bishop of Formia in Campania (303). Hieromartyr Silvanus, Bishop of Gaza, and with him 40 Martyrs (311). Ven. Nikēphóros of Mt. Athos (1300). New Martyr Vasily (1945).

[Lives of the Saints - Orthodox Church in America](#)

## Services and Events, Upcoming

(This schedule is subject to change, please confirm the schedule at [www.terryvilleorthodoxchurch.org/schedule](http://www.terryvilleorthodoxchurch.org/schedule) before coming to Church.)

**Sunday, May 4, 9:15 AM:** Our usual Sunday morning celebration of the Lord's Day Divine Liturgy, followed by our customary Coffee Social Hour. *On this day we hold a Paschal Egg Hunt for the Parish children.*

**Sunday May 4, after the conclusion of the Divine Liturgy:** On Sunday May 4, after the conclusion of the Divine Liturgy, the Parish Sisterhood will hold their usual monthly meeting.

**Wednesday, May 7, 8:00 AM:** Matins (Morning Prayers), as is our custom on most Wednesday mornings outside of Great Lent. *(Our Matins is not the full service, as might usually be served in a monastery, but, rather, is modified for Parish use.)*

**Saturday, May 10, 6:00 PM:** Our usual weekly Saturday evening Vigil Service (Great Vespers with elements of Resurrectional Matins).

**VISIT OF HIS GRACE, BISHOP BENEDICT: Sunday, May 11, Feast of Saints Cyril and Methodius, 9:15 AM:** Hierarchical (Bishop's) Divine Liturgy, followed by a Bring-and-Share Brunch organized by the Parish Sisterhood. On this day, with His Grace Bishop Benedict being present, we will honor Protodeacon Paul Nimchek on his 45<sup>th</sup> anniversary of ordination to the Holy Diaconate, the precise day of which is May 31.

**Monday, May 12, 6:30 PM, via video teleconference:** The Terryville Parish Council will meet for their monthly Parish Council meeting via Zoom teleconference, beginning at 6:30 PM on Monday evening, May 12.

**Wednesday, May 14, Feast of the Midfeast of Pentecost, 8:00 AM:** Matins (Morning Prayers)

**Thursday, May 15, 7:00 PM to 8:30 PM:** Online Parish Bible Study, via video teleconference.

**Saturday, May 17, 6:00 PM:** Our usual weekly Saturday evening Vigil Service (Great Vespers with elements of Resurrectional Matins).

**Sunday, May 18, 9:15 AM:** Our usual Sunday morning celebration of the Lord's Day Divine Liturgy, followed by our customary Coffee Social Hour.

**Tuesday, May 20:** Fr. John will be out of the office all day long.

**Wednesday, May 21:** NO Matins on this day.

**Thursday, May 22, 7:00 PM to 8:30 PM:** Online Parish Bible Study, via video teleconference.

**Saturday, May 24, 6:00 PM:** Our usual weekly Saturday evening Vigil Service (Great Vespers with elements of Resurrectional Matins). After Vigil on this day, we will have our monthly Rite of General Confession.

**Sunday, May 25, 9:15 AM:** Our usual Sunday morning celebration of the Lord's Day Divine Liturgy, followed by our customary Coffee Social Hour.

**Monday, May 26, Memorial Day:** Fr. John will be out of the office all day long.

**Wednesday morning, May 28, Feast of the Leave-taking of Holy Pascha, 8:00 AM:** Matins (Morning Prayers)

**Wednesday evening, May 28, Eve of the Feast of the Ascension of Our Lord, 7:00 PM:** Great Vespers with Litya, the blessing of the Loaves, Wheat, Wine and Oil.

**Thursday, May 29, Feast of the Ascension of Our Lord, 9:15 AM:** Festal Divine Liturgy

**Thursday, May 29, 7:00 PM to 8:30 PM:** Online Parish Bible Study, via video teleconference.

**Saturday, May 31, 6:00 PM:** Our usual weekly Saturday evening Vigil Service (Great Vespers with elements of Resurrectional Matins).

*(NOTE: Saturday, May 31, 2025, is the 45th anniversary of Protodeacon Paul N.'s ordination to the holy diaconate, and the 45th anniversary of the formal Consecration of our Parish Temple.)*

**Sunday, June 1, 9:15 AM:** Our usual Sunday morning celebration of the Lord's Day Divine Liturgy, followed by a Parish BBQ/Picnic, with a special celebration of Deacon Paul and Patty Nimchek on the occasion of Deacon Paul's anniversary of ordination.

**Wednesday, June 4, 8:00 AM:** Matins (Morning Prayers)

**Thursday, June 5, 7:00 PM to 8:30 PM:** Online Parish Bible Study, via video teleconference.

**Saturday, June 7, 6:00 PM:** Our usual weekly Saturday evening Vigil Service (Great Vespers with elements of Resurrectional Matins).

**Sunday, June 8, The Great Feast of Holy Pentecost, the Gift of the Holy Spirit to the Church, 9:15 AM:** Festal Divine Liturgy, followed immediately by The Vespers of Holy Pentecost, with the traditional Kneeling Prayers.

**Wednesday, June 11, 8:00 AM:** Matins (Morning Prayers)

**Thursday, June 12, 7:00 PM to 8:30 PM:** Online Parish Bible Study, via video teleconference.



## LOOKING AHEAD further into 2025:

- **From Friday morning, June 13, to the end of the day on Tuesday, June 17,** Fr. John will be on vacation and out of the office.
- **Sunday, June 29,** is the Feast of Saints Peter and Paul, and the 25th Anniversary of Fr. John's Ordination to the Holy Priesthood. (Fr. John was ordained to the Holy Diaconate on May 16, 1993, 32 years ago.)
- **Sunday evening, July 13 through Saturday, July 19:** Fr. John and Parish Lay Delegate Deb W. will be in Phoenix, Arizona, representing our Parish at the triennial (once-every-three-years) All-American Council of the Orthodox Church in America.
- **Friday, August 1,** is the 25th anniversary of Fr. John's assignment as Pastor of our Terryville Parish.

+ + +

---

## Notes on Parish Life

### **Help Fr. John manage/edit appropriately the Parish Prayer List:**

- **Removal of Names:** Please, if you have someone listed on our Parish Prayer list who has been listed there for a very long time, but who is essentially stable now, please, I respectfully ask, consider asking me to remove their name from the public list so that we have spaces available to add persons in greater crisis and, thus, in critical need of public prayer.
- **Adding of Names:** Also, some of you have asked me to add names recently. If so, please, reply to this email to remind me (the forgetful person that I am!) of those persons, so that I might correctly and accurately add their names to our prayer list. Thank you.
- **A Relevant Note:** We do, of course, sincerely want to pray for all those in need, and not to be ungenerous in our listing of those who require our prayers. However, there is a simple, practical question of making sure that our Prayer List is kept manageable. Thank you for your understanding and help.

-----  
**Vacuuming the Church:** We ask that volunteers vacuum the Narthex (entrance area), Nave (main worship space), and Kliros (Choir area) of our Church building each Sunday, *right after the conclusion of the Sunday morning services*. The doing of this uncomplicated, yet needful, task would be a great help. Please consider being this volunteer on at least some occasions. Thank you.

-----  
**Please, consider hosting Coffee Hour!** We need Coffee Hour hosts going forward in the calendar. Please, consider hosting Coffee Hour. Thank you!

-----

# PARISH PRAYER LIST

Again we pray for all victims of accident, disease, disaster, difficulty, warfare, and acts of terror and senseless violence throughout the world—both those who have died and those who have suffered and yet still live. We especially pray for those who mourn the loss of loved ones. Lord, hear us and have mercy!

## + THOSE WHO HAVE DEPARTED THIS LIFE: *Memory Eternal!*

### *Newly Departed*

Schema-Archimandrite Panteleimon—Abbot of Holy Cross Monastery in W.Va. d. 4/24/25  
Mit. Archpriest Daniel Skvir d. 3/23/25  
Mat. Eleanor Margitich d. 4/25/25  
Mat. Evangeline Zarras d. 4/13/25  
Mat. Mary Shafran d. 4/1/25  
Mat. Sophie Daniels—an acquaintance of Fr. John H. d. 3/29/25  
Mark—an acquaintance of the Orelups d. 4/16/25  
Eileen—Leo K.'s grandmother d. 4/19/25  
Sarah—an acquaintance of Corey F. and his family d. 4/26/25

### *Anniversaries of Repose – Memory Eternal!*

John Ribak 5/4/1947  
James Dougay 5/4/1942  
Maria Salenko 5/4/1950  
Julia White 5/5/1945  
Vasili Bochno 5/5/1932  
Afton Muchka 5/6/1963  
Theodore Duke 5/8/1948  
Eva Leba 5/8/1966  
Anna Senetcen 5/8/2005  
Sophroni Bayd 5/9/1933  
Metro Bilycia 5/9/1954  
Mary Shotack 5/9/1980  
Michael Gorsky 5/10/1960  
Mary Markovich 5/10/1970

## THOSE IN NEED OF GOD'S MERCY AND HELP

### *Persons captive and suffering for the Faith*

Metropolitan Paul and Archbishop John—hostages in Syria

### *Those who are sick and suffering*

H.E. Archbishop Alexander of the Diocese of the South  
Archpriest Vladimir A.—serious illness  
Archpriest Vladimir H.—unwell  
Archpriest Vasily G.—unwell  
Subdeacon John Paul—ongoing health problems  
Mother Karitina—nun, an acquaintance of Fr. John H.; battling cancer  
Matushka Ann Sh.—at request of Lynn H.  
Bill (“Vasilios”) L.—relative of the Soyvrda Family; more unwell, please pray fervently  
Fyodor (Frank) G.—suffering from Multiple Sclerosis (MS); at home  
JoAnn—acquaintance of Jeanne Moore; ovarian cancer  
Mary Lynn—friend of Donna O.; battling breast cancer  
Barbara—friend of Patty N.; unwell and in need of prayerful support  
Michael “Mike” L.—ongoing health issues  
Paula—friend of Jim L.; struggling with cancer  
Dimitri—brother of Carolyn P.; health issues  
Thomas—Patty N.'s nephew; battling cancer  
Dianna—Jennifer W.'s mother; suffering serious and worrisome health problems  
Yvonne K.—a person we have been asked to pray for; multiple myeloma  
Mark—friend of a parishioner (F.G.); critically ill  
Domenic—friend of a parishioner (F.G.); facing serious illness  
Louis—friend of a parishioner (F.G.); facing serious illness  
Earlene L.—Mike and Jim L.'s mother; health issues  
Natonya L.—Mike and Jim L.'s family member; health issues  
Bach-Loan—a neighbor of Jeanne M.'s; serious health challenges  
Michael “Mike” A.—battling health challenges  
Robert Jos.—dealing with health issues  
Elizabeth—suffered acute and chronic health issues; friend of Helena G.  
Jon—friend of Forrest and Elaine H., suffering in illness  
Mark—a man suffering with cancer; friend of Elaine and Forrest H.  
Sonya K.—former W'bury parishioner, health issues

Jeffrey—at request of John G.; unwell and in need of prayers  
Patrick—at request of John G.; unwell and in need of prayers  
Brittany—relative of Pdn. Paul; young woman facing cancer  
Joan—grief and chronic illness; req. of Helena G.  
Holly—an acquaintance of Peter H.; unwell and in need of prayers  
Laura—friend of Lenna M.; battling brain cancer  
Larissa—daughter of Fr. Michael and Nadia K.; we have been asked to pray for her  
Timothy—Olena's husband; undergoing treatment for a serious illness  
Lisa—friend of Helena G.; suffering in illness  
Ksenia—our fellow parishioner; recent surgery and further issues thereafter  
Irina—Ksenia's mother; battling cancer  
Alex—Ksenia's husband; recent illness  
Tatyana—Ksenia's mother-in-law; recent health issues leading to job loss  
Jacob—family member of Lynn H.; some health issues  
Faith—David C.'s cousin; facing health challenges due to a chronic illness  
Joel—an acquaintance of Melanie O.; suffering after a bad fall  
Nolan—friend of Corey F.; unwell and in need of prayers  
Jacqueline—a woman for whom we have been asked to pray for general well-being  
Amy—a woman for whom we have been asked to pray for general well-being  
Michael N.—facing health challenges; our devoted and beloved Choir Director  
John—Cynthia B.'s uncle—unwell and in need of prayers  
Leo M.—Parishioner Lynn H.'s father; unwell and in need of prayers  
Ingrid—battling cancer; friend of Nina and John D.  
Terry—battling cancer; friend of Nina and John D.  
Victor—family member of Nina and John D.; suffering in illness  
Alex—family member of Nina and John D.; suffering in illness  
Louine K.—various health challenges; our fellow parishioner  
Fernando—Matthew A.'s grandfather; declining health  
Audrey—A.J.'s mother; unwell and in need of prayers  
child Matthias—an infant who has now endured two open heart surgeries  
child Rafael—child born at 26 weeks of gestation; at request of friends of Hopkos  
Christine—at request of Elaine H.; blindness cause by aneurysms  
Jill—friend of Elaine H.; recovering from surgery  
Timothy—relative of Joan M.; surgery  
Nancy B.—our fellow parishioner; now at home, but still requires healing prayers  
Mary V.—acquaintance of Lucy C. and Peter H.; suffering in illness  
Barbara—Cynthia B.'s cousin; mourning loss of stepson  
Andrea—friend of Helena G.; mourning loss of her daughter  
Joanne—acquaintance of Helena G.; mourning passing of her husband  
Ramon—parishioner Lewis H.'s grandfather; seriously ill  
Lewis—parishioner Lewis H.'s father; unwell, but improving

### *Shut-ins and those resident in long-term Care Facilities*

Tanya B.—suffering long-term and lingering effects of brain hemorrhage  
Claudia A.—Waterbury parishioner; health challenges and now widowed  
Claudia B.—Macrina H.'s mother; now shut-in at home  
Dolores M.—Bob M.'s mother; resident in long-term eldercare  
Roberta K.—a Waterbury parishioner living in long-term care  
Forrest H.—our fellow parishioner, now living in residential care

### *Expectant Mothers and the Children to be born of them*

Emilia and the child to be born of her  
Katherine and the child to be born of her—relative of Fr. John and family  
Jenna and child to be born of her—friend of Lucy C.  
Meredith and the child to be born of her—relative of Fr. John and family  
Christy and the child to be born of her—Fr. Moses L.'s wife  
Sharon and the child to be born of her

### *Travelers, Those Soon to be Traveling, and Those Apart from Us*

John (Jack) K.—on his way back to CT this week

### *Those from among us serving in the Armed Forces*

Joel O.—U.S. Navy; hospital corpsman (“medic”)  
Derek—relative of Carolyn P.; U.S. Army soldier  
Ruben—acquaintance of the Hopkos, U.S. Marines Corps pilot  
Zachary W.—Fr. Zachary W.'s son; U.S. Air Force pilot  
John S.—Fr. John's nephew; a U.S. Navy ROTC midshipman

### *Birthdays*

Sam F. 4/30

# How to Dress when attending Church Services

The warmer weather is upon us, and this gives us the occasion to remind ourselves about how we correctly dress when we attend Church services:

In the early Church, and in Orthodox Christian monasteries and seminaries to this day, men and women both dressed for Church services in full length, full coverage, long-sleeved robes, just as Fr. John, Fr. David, Protodeacon Paul, Subdeacon John Paul all still do when we attend Church services. When fashions changed for men, beginning in about the 1400s, then men substituted long-sleeved jackets and long pants for the robes that were no longer worn, but these garments still modestly covered their entire bodies, except for their hands and heads. Women added head coverings until very recent times, and still do in many places in the Orthodox Church. Lay men never wear hats in Church, and the hats that male clergy and monks sometimes wear in Church are not about modesty, but rather indicate ranks and roles.

So, in general, traditionally and throughout most of Christian history until not more than a hundred years ago, modest dress in Church was to wear clothes that cover our entire bodies, except for our hands and heads, with women also adding head coverings.

**For our purposes in Terryville, we define modest dress, appropriate for Church services, as follows:**

- Clothing is to be neat and clean. Clothing, including shoes, should be sensible and unremarkable. We should not be drawing attention to ourselves by wearing clothing that is either remarkably casual or, for that matter, remarkably fancy.
- Both men and women should wear clothes that cover their shoulders, chests, backs, and knees, and everything in between. This is more modest than we might see in public on a day-to-day basis.
- Shorts are not appropriate for Church wear, unless you are a small child. Men should always, without exception, wear long pants to Church. Women should wear skirts or dresses with a modest hemline, or long pants. Modest necklines are appropriate for both women and men.
- Clothes with writing on them, in the manner of slogans or advertising, should not be worn in Church. Some clothes have small brand names or logos affixed to them, and this is acceptable, as long as such labels and logos are small in size, and not inappropriate in content.

Dressing nicely for Church services shows respect to God and for each other.

Thank you for dressing modestly and appropriately when you come to Church.



---

### **Scripture Readings, etc.**

Follow this link, to be taken to a section of the official Orthodox Church in America website at which you can access the Daily Scripture Readings, the Lives of the Saints arranged day-to-day throughout the year, catechetical (instructional) material about the Orthodox Faith, and section featuring Questions and Answers about the Orthodox Faith:

<https://www.oca.org/orthodoxy>

-----

***The End! Glory be to God!***

