

# ABBREVIATED DAILY LENTEN VESPERS

*(ARRANGED IN A GENERIC FORM, WITH THE FIXED PARTS ONLY,  
FOR HOME USE ONLY, ON LENTEN WEEKDAY EVENINGS)*

## Opening Doxology and Trisagion Prayers

**Reader:** Through the prayers of our Holy Fathers, Lord, Jesus Christ, Our God, have mercy on us and save us.

**Reader:** Amen.

Glory to You, O God, Glory to You!

O Heavenly King, the Comforter, the Spirit of Truth, Who art everywhere and fillest all things; Treasury of blessings and Giver of Life; come and abide in us, and cleanse us from every impurity, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity have mercy on us; Lord, cleanse us from our sins; Master, pardon our transgressions; Holy One, visit and heal our infirmities for Your Name's sake.

Lord have mercy (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

**All:** Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth, as it is in heaven. Give us this day, our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

**Reader:** Amen. Lord have mercy (12x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us worship God our King! Come, let us worship and fall down before Christ our King and our God! Come, let us worship and fall down before Christ Himself, our King and our God.

**Psalm 103 (104)**

**Reader:**

**Bless the Lord, O my soul! O Lord my God, You are very great! You are clothed with honor and majesty, You cover Yourself with light as with a garment; You have stretched out the heavens like a tent. You have laid the beams of Your chambers on the waters, You make the clouds Your chariot, You ride on the wings of the wind. You make Your angels spirits and Your ministers a fiery flame.**

**You set the earth on its foundations so that it should never be shaken. You covered it with the deep as with a garment; the waters stood above the mountains. At Your rebuke they fled; at the sound of Your thunder they took to flight! The mountains rose, the valleys sank down to the place which You appointed for them. You set a bound which they should not pass, so that they might not again cover the earth.**

**You make springs gush forth in the valleys; they flow between the hills. They give drink to every beast of the field; the wild asses quench their thirst. By them the birds of the air have their habitation; they sing among the branches. From Your lofty abode You water the mountains; the earth is satisfied with the fruit of Your work. You cause the grass to grow for the cattle, fodder for the animals that serve man. That he may bring forth food from the earth, and wine to gladden the heart of man, oil to make his face shine, and bread to strengthen man's heart.**

**The trees of the Lord are watered abundantly, the cedars of Lebanon which He planted. In them the birds build their nests; the stork has her home in the fir trees. The high mountains are for the wild goats, the rocks are a refuge for the badgers. You have made the moon to mark the seasons. The sun knows its time for setting. You make darkness and it is night, when all the beasts of the forest creep forth. The young lions roar for their**

prey, seeking their food from God. When the sun rises, they get them away and lie down in their dens. Man goes forth to his work and to his labor until the evening.

O Lord, how manifold are Your works! In wisdom have You made them all! The earth is full of Your creatures. Yonder is the sea, great and wide, which teems with things innumerable, living things both small and great. There go the ships and the leviathan which You formed to sport in it. These all look to You to give them their food in due season. When You give to them, they gather it up; when You open Your hand, they are filled with good things. When You hide Your face, they are dismayed; when You take away their breath, they die and return to their dust. When You send forth Your Spirit, they are created and You renew the face of the ground! May the glory of the Lord endure forever! May the Lord rejoice in His works! Who looks on the earth and it trembles! Who touches the mountains and they smoke! I will sing to the Lord as long as I live; I will sing praises to my God while I have being! May my meditation be pleasing to Him, for I rejoice in the Lord! Let sinners be consumed from the earth, and let the wicked be no more! Bless the Lord, O my soul!

The sun knows its time for setting. You make darkness and it is night. O Lord, how manifold are Your works! In wisdom have You made them all!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia, alleluia, alleluia, glory to You, O God! (3x)

Lord, have mercy. (12x)

Lord I call

**Reader:** Lord, I call upon You, hear me; hear me, O Lord. Lord I call upon You, hear me; receive the voice of my prayer, when I call upon You. Hear me, O Lord.

Let my prayer arise in Your sight as incense, and let the lifting up of my hands be an evening sacrifice. Hear me, O Lord.

Psalm 140

**Reader:**

Set a guard over my mouth, O Lord, keep watch over the door of my lips; incline not my heart to any evil, to busy myself with wicked deeds in company with men who work iniquity, and I will not join their chosen ones. Let a good man strike or rebuke me in mercy, but let the oil of the wicked never anoint my head. For my prayer is continually against their evil deeds. When they are given over to those who shall condemn them, my words will be heard then, as a rock which one cleaves and shatters on the land, so shall their bones be strewn near hell. But my eyes are toward You, O Lord; Lord, in You I seek refuge. Do not take away my soul, keep me from the trap they have laid for me, and from the snares of evil-doers. Let the sinners together fall into their own nets, let me alone pass through. I cry with my voice to the Lord, with my voice I make supplication to the Lord. I pour out my complaint before Him; I proclaim my sadness before Him. When my spirit departs from me, You know my way. In the path where I walk they have laid a trap for me. I look to the right and watch, but there is none who knows me; no refuge remains for me; no man cares for my soul. I cry to You, O Lord, I say: You are my hope, my portion in the land of the living. Give heed to my cry, for I am brought very low. Deliver me from my persecutors, for they are too strong for me. Bring my soul out of prison that I may give thanks to Your Name. The righteous will surround me, for You will deal bountifully with me. Out of the depths I cry to You, O Lord; Lord, hear my voice. Let Your ears be attentive to the voice of my supplications. If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You. For Your Name's sake I have waited for You, O Lord. My soul waits in Your Word; my soul hopes on the Lord. From the morning watch until night, from the morning watch let Israel hope on the Lord. For with the Lord there is mercy, and with Him is plenteous redemption, and He will deliver Israel from all his iniquities. Praise the Lord all nations, praise Him all peoples! For His mercy is confirmed on us, and the truth of the Lord endures forever!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages! Amen!

Gladsome Light

**Reader:** O Gladsome Light of the holy glory of the immortal Father: heavenly, holy, blessed, Jesus Christ. Now that we have come to the setting of the sun, and behold the light of evening we

praise God: Father, Son, and Holy Spirit. For meet it is at all times to worship You in voices of praise, O Son of God, Giver of life. Therefore, all the world glorifies You!

Vouchsafe

**Reader:** Vouchsafe, O Lord, to keep us this evening without sin. Blessed are You, O Lord, God of our Fathers, and praised and glorified is Your Name forever. Amen. Let Your mercy, O Lord, be upon us, even as we have set our hope on You.

Blessed are You, O Lord, teach me Your statutes. Blessed are You, O Master, make me to understand Your commandments. Blessed are You, O Holy One, enlighten me with Your precepts. Your mercy, O Lord, endures forever despise not the works of Your hands. To You belongs worship, to You belongs praise, to You belongs glory, to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy (12x)

Psalm 122 (123)

To You I lift up my eyes, You Who are enthroned in the heavens. Behold, as the eyes of servants look to the hand of their master, as the eyes of a maiden to the hand of her mistress, so our eyes look to the Lord our God 'til He have mercy on us.

Have mercy on us, O Lord, have mercy on us, for we have had more than enough of contempt; too long our soul has been sated with the scorn of those who are at ease, the contempt of the proud.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Prayer of St. Symeon and Trisagion

**Reader:** Lord, now let Your servant depart in peace, according to Your word. For my eyes have seen Your salvation, which You have prepared before the face of all people; a Light to lighten the gentiles, and to be the glory of Your people, Israel.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us; Lord, cleanse us from our sins; Master, pardon our transgressions; Holy One, visit and heal our infirmities for Your Name's sake.

Lord have mercy (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

**All:** Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver from evil.

**Reader:** Amen.

**Tone 8 - The Lenten Troparia** (*If singing is not possible, read these.*)

*During the first 3 troparia, at the end of each, 1x full prostration is done. At the last troparia 1x bow is done.*

Rejoice, O Virgin Theotokos, Mary full of grace! The Lord is with you.

Blessed are you among women, and blessed is the Fruit of your womb; //

for you have borne the Savior of our souls.

Glory to the Father, and to the Son, and to the Holy Spirit,

O Baptizer of Christ, remember us all,  
that we may be delivered from our iniquities;//  
for to you is given grace to intercede for us!

Now and ever, and unto ages of ages. Amen.

Intercede for us, O holy Apostles and all the saints,  
that we may be delivered from perils and sorrows;//  
for we have acquired you as fervent intercessors before the Savior!

Beneath your compassion we take refuge, O Theotokos.  
Do not despise our supplications in adversity;//  
but deliver us from perils, O only pure and only blessed one!

**Reader:** Lord have mercy (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim: without defilement you gave birth to God the Word: true Theotokos, we magnify you.

**Reader:** Through the prayers of our Holy Fathers, Lord, Jesus Christ, Our God, have mercy on us and save us.

**Reader:** Amen. O Heavenly King, establish the Orthodox Christians, confirm the Faith, quiet the heathen, give peace to the world, place our departed fathers and brethren in the tabernacles of the Righteous, and accept us sorrowers and penitents, for You are good, and the Lover of mankind.

#### Prayer of St. Ephraim

**Reader:** O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power, and idle talk. *(Prostration)*

But give rather the spirit of chasity, humility, patience, and love to Your servant. *(Prostration)*

Yea, O Lord and King! Grant me to see my own transgressions, and not to judge my brother; for blessed are You unto ages of ages. Amen. *(Prostration)*

God, cleanse me a sinner. *(12x, bowing each time)*

O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power, and idle talk. But give rather the spirit of chastity, humility, patience, and love to Your servant. Yea, O Lord and King! Grant me to see my own transgressions, and not to judge my brother; for blessed are You unto ages of ages. Amen. *(Prostration)*

**Reader:** Through the prayers of our Holy Fathers, Lord, Jesus Christ, Our God, have mercy on us and save us. Amen.

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